

IGNITE YOUR IMPACT



Powerful, proven and practical skill development for leaders, business owners, coaches & practitioners

Ignite your people for leaders & teams

Tangible results through engaging, thoughtful and fun team building, skills workshops and coaching.

Ignite your business for coaches & practitioners

Accredited training and supervision to expand your skill set in the most up-to-date tools and techniques for transformation.

Ignite your values for individuals

Powerful transformational coaching and personal development for all aspects of life and career. Increase confidence, release anxiety and stress, and find your next steps with clarity and motivation.

*Your legacy is to make an impact,
ours is to make it easy for you.*



www.ignitegroup.co.nz

We've been delivering real & measurable transformation for over 15 years

Kia ora

I'm Michelle Dalley the owner of Ignite Group. I love working with leaders, business owners and coaches who truly want to make an impact with their work. But it drives me crazy when many learning programs are theoretical in nature and can't be easily applied.

So I created Ignite Group to take the complexity out of powerful tools and approaches, making it easy for you to integrate into your business and practice. Making the complex simple and practical – and easy to apply.

Let's ignite your passion to succeed, together.

GET IN TOUCH

P: 027 449 2030

www.ignitegroup.co.nz

michelle@ignitegroup.co.nz

Based in: Hawkes Bay & Wellington. Delivery throughout New Zealand.



Providing the skills and tools that you need to make the impact you desire.

I've handpicked a group of experienced and talented associates who support me in the delivery of our services.

We work with you to deliver customised development solutions that are engaging, fun and transformational.

Delivery options include:

- in person, virtual live, pre-recorded, blended

Book a no obligation chat to find out if we're the right fit for you.

“—
This was by far the best training I had received in my 25 years of management.
David Bell, Chief Operating Officer, ECL Group



Ignite your people for leaders & teams

Tangible results through engaging, thoughtful and fun team building, skills workshops and coaching.

Our leadership and team development programmes focus on the way you and your people communicate. We equip you to have the conversations that matter; building high-trust cultures, lifting performance and increasing innovation.

We also support you to manage yourself more effectively through building resilience and personal success behaviours.

The methodologies we use are researched, proven and most importantly, practical.

Your results are what is most important to us, therefore we partner with you to create a learning pathway that works for you.

“—
Ignite were incredible to work with from the outset. Over the sessions I really saw our team come together as we developed more awareness around self, and then developed a greater understanding of our team's unique personality mix and how that plays out in a work environment. Michelle's a very captivating facilitator, my team couldn't believe how fast the sessions went and looked forward to each one, she made it so enjoyable.”

Amanda – Manager NZ Post

CUSTOMISED SOLUTIONS

We draw from a selection of research backed, proven methods and tools to create your unique solution. Once we determine your needs we tailor every step of the path for you from design to delivery options.



1:1 Leadership Coaching

Fast results in a private setting to put your leadership skills on turbocharge.

Tailored Leadership Development Programmes

Fill skills gaps and embody your unique leadership style.

- Ignite Leadership Programme - *we select and customise the modules that best fit your needs*
- IGNITE Coaching Essentials for Leaders
- Conversational Capacity®
- Leading Through Change

and more...

Team Development Programmes

Build and sustain effective and high performing cultures

- The Emotional Culture Deck
- Enhancing Team Dynamics with DiSC
- The 5 Behaviours of Cohesive Teams
- Your Resilience Roadmap

and more...

In-house programme design & Train the Trainer

- We do the design and you take the credit!
- Let us upskill and enable your in-house trainers

BOOK A CHAT

Ignite your business for coaches & practitioners

Accredited training and supervision to expand your skill set in the most up-to-date tools and techniques for transformation.

- How do you set yourself apart from every other coach and practitioner?
- Do you ever feel nervous that you won't know where to take a client session, or that your clients won't resonate with your approach?
- Where do you need support?

Having a range of methods in your kete sets you apart from others and enables you to adapt to many situations and clients. Applying our techniques, you'll never be stumped for where to go next or what to say to support your client.

The best and most successful coaches and practitioners are dedicated to their own ongoing development.

“*Havening is such a gentle yet powerful tool for client transformation and Michelle has created a perfect learning environment and experience for you to add this to your practice. Do what you can to attend this training, you and your clients will both benefit massively.*”

Lorraine Hamilton – Professional Coach & ICF Accredited Coach Trainer



WAYS WE CAN SUPPORT YOUR ONGOING PROFESSIONAL DEVELOPMENT

Havening Techniques® Certified Practitioner Training

Set yourself apart by being on the cutting edge of neuroscience with this profound yet gentle set of psychosensory techniques that can be applied in many contexts – from clearing unhelpful reactions, stress, trauma and anxiety to building resilience, confidence and peak performance.

It can be used as both a self-care tool and a practitioner led personal change method that is rapid, safe, empowering for the client and compliments many modalities.

6-Step Belief Change Practitioner Training

The 6-step Belief Change Process brings together a range of powerful methods into one simple and transformational process that clients love. As a practitioner it will quickly become your 'go to' method for shifting beliefs.

Positive Neuroplasticity Training (PNT)

Positive Neuroplasticity Training was developed by Dr Rick Hanson, Neuropsychologist and a world leader in resilience. This programme uses the latest developments in neuroscience and psychology to teach us how to rewire neural patterning to develop important inner strengths, and how to cultivate these in relation to particular challenges we may be facing. Learning this programme will change how you work with yourself and your clients.

Coach Supervision & Skills Mentoring

We all have blindspots; we all have our own triggers and patterns; and we all have limited awareness. This is part of being human. The best coaches and practitioners understand the value of regular supervision to provide a safe container to explore your experience, build your resourcefulness, expand your perspective and gain better client outcomes.

BOOK A CHAT

Ignite your values for individuals

*Powerful transformational coaching and personal development for all aspects of life and career.
Increase confidence, release anxiety and stress, and find your next steps with clarity and motivation.*

- Do you lack the confidence to fully step into a particular area of your life, way of being or skill?
- Do you have a tendency to default to particular unhelpful patterns of behaviours or reactions that are getting in your own way?
- Are you questioning where or how to make your next career move?
- Perhaps you've even tried other methods or practitioners and you haven't yet achieved the change or outcomes you want.
- Where do you need support?

Coaching improves performance, increases success and improves the quality of your life.

Simply put, coaching is all about helping and supporting an individual to achieve specific outcomes.

It is a process that empowers and enables people, drawing on strengths and creating the opportunity to self-reflect and find the answers within themselves to constructively move forward.



BE THE DIRECTOR OF YOUR LIFE

Personal coaching can:

- Increase your confidence and self-esteem
- Release imposter syndrome, anxiety and unhelpful emotional reactions
- Build resilience and inner resources/strengths
- Motivate empowered action towards achieving your goals
- Develop interpersonal skills, communication and influencing ability
- Enhance employability
- Generate new and previously unthought of opportunities
- And more...

The powerful methods we use to support your change include:

- Neurolinguistic Programming (NLP)
- Havening Techniques®
- Positive Neuroplasticity Training
- Ignite Career Coaching Framework
- 6-Step Belief Change Process
- Conversational Intelligence
- Transforming Communication
- mBraining
- and more

“Michelle has helped build my confidence. I had imposter syndrome, and I would get into meetings where I spent most of the time wondering if what I had said was good enough. Within two sessions that had changed... I feel very lucky to have had Michelle as a Coach. I would recommend her to anyone”

Jenni Drew – Supportive Care Manager

BOOK A CHAT

We'd love to chat...

If you're ready to find out more about how we could support you then book in a no-obligation chat with Michelle.

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“*This programme is a wonderful way to open up your perspectives and possibilities. It provided me with an opportunity to work more closely with my peers in management. It's practical in nature, working directly with the situations and experiences that are relevant to you, and empowering you to a greater capacity for agile, responsive communication and collaboration with others.*

I also really appreciated Michelle's willingness and skill to adapt the program as we went along, in response to the needs of the group and our organisation. We got huge benefit from the specificity of her group work skills and the inclusive way she collaborated with the program coordinators. There was also great value-add for the co-ordinators with the individual coaching included in the package.”

Kate

Consulting Manager